

# About ECHO



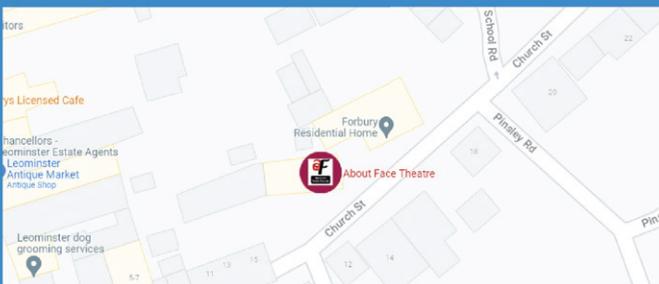
ECHO is the largest provider of innovative day opportunities for people with learning and other disabilities in Herefordshire.

We believe that, with the right support, each person can achieve great things. ECHO concentrates on what people can do, rather than what they cannot.

About Face, like most of ECHO's activities, is suitable for people with moderate or severe learning difficulties, but we will try to support anyone, including those with mental health difficulties and physical or sensory impairments.

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## Fundraise for ECHO

As a charity, ECHO relies on fundraising to help us keep activities running for really vulnerable adults in Herefordshire.

This is why we ask that if you benefit from our services, know someone who does or just agree that people with disabilities should be given a real chance in life, that you help us raise the funds we need to develop and grow.

By giving a regular monthly donation you can help us continue our vital support to people with learning and other disabilities in Herefordshire. Regular monthly donations help us plan because we know what income to expect month in and month out.

If you would like to support our work by giving a regular donation, you can either:

Go To [www.echoherefordshire.org.uk](http://www.echoherefordshire.org.uk)

and click the **DONATE** button on the front page

Contact our office:

40 West Street, Leominster, HR6 8ES  
Email: [echo.info@echoherefordshire.co.uk](mailto:echo.info@echoherefordshire.co.uk)  
Ring: 01568 620307

Charity No: 1096449 Company No: 4475254



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## About Face



Increasing confidence through theatre and performance skills

Laura



*"I get to be creative, join in with the activities, and listen to other people – we work as a team"*

The different project days offer opportunities to explore a range of skills in an enjoyable social environment.

These can include:

- Using drama, dance and music in a quieter day
- Devising original material by sharing ideas
- Exploring ways of telling stories through a variety of creative inputs
- Taking a regular programme of workshops and performances into theatres, festivals and schools

*"The enthusiasm of the other actors motivates me to be an actor, a good one, the best I can be"*

About Face provides a wide range of opportunities for people with learning disabilities to grow in confidence through performance based skills.

The project runs different activities and sessions five days a week, including the Drama for All project, Theatre Skills and Theatre Foundation groups, as well as the Performance Company itself.

Established in 1995, About Face has a strong reputation for delivering high quality theatre to festivals, theatres, schools, community and other venues.

Jack



*"I like the theatre games, acting, dancing and music. It's fun and it makes me feel happy..."*

About Face offers four different experiences of theatre across the week: the Performance Company, Drama for All, Theatre Skills and Theatre Foundation. Participants are placed according to their interests, abilities and availability.

Those interested in public performance may move into that group when there is a vacancy. This company is for actors who can manage the hard work involved in touring and have shown they have the right level of ability and commitment.



Jo

On tour

