

Do you find the new rules at ECHO easy or hard?	e la	$ \mathbf{P} $
Circle your answer	Easy	Hard
Do you feel safe at ECHO with the new rules?	E I	$\overline{\mathcal{P}}$
Circle your answer	Yes	No
Tell us what you like about your ECHO projects now:		
Tell us what you don't like about your ECHO projects now:		
If you are one of the participants who cannot come back to ECHO yet because of your health, tell us what we could do to help you whilst you are still at home over the coming winter:		
Please send this back to ECHO by Friday 30 th October 2020.		
Post it back to 40 West Street, Leominster, HR6 8ES Email it to: <u>echo.info@echoherefordshire.co.uk</u> Or give it to the staff at your ECHO project.		nk buy