



Inclusive Football

12 - 16 years
17 - 25 years

F.A. qualified coaching
For all levels of skill and/or disability
Emphasis on health & fitness
Free taster session, then £3 per week

At the Point 4, Hereford, 6.00 - 7.00pm,
Wednesdays (term time only)

Contact the coach, Nick Baker for details:
07876 569428 nickbaker98@yahoo.com

Part of Hereford Lad's Club
(www.herefordladsclub.co.uk)



In partnership with ECHO
(www.echoherefordshire.co.uk)

